

## MEDICAL

### Country Doctor Community Health Centers

#### After-Hours Clinic.....Walk-in only

Swedish Cherry Hill, 550 16th Ave

M-F, 6-10pm; Sa Su, noon-10pm.

After-hours care of acute conditions.

#### Carolyn Downs Center ..... 206.299.1900

2101 E Yesler Way, Suite 150

M Tu Th F, 9am-5pm; W, 10am-8:30pm; Sa, 9am-noon.

Call for appointment. Serves adults & children.

#### Community Clinic ..... 206.299.1600

500 19th Ave E

M Tu F, 9am-5pm; W Th, 9am-8pm. Call for appointment.

### Harborview Medical Center .. 206.520.5000

#### Adult Medicine Clinic

325 9th Ave, 3rd Floor, West Clinic.

M W-F, 8am-4:30pm; Tu, 8am-8pm.

#### Family Medicine Clinic

Pat Steel Building, 401 Broadway, #2018

M-F, 8am-5pm.

#### International Medicine Clinic

325 9th Ave, Ground Floor, West Clinic

M-W F, 8am-4:30pm; Th, 8am-8pm.

Health care for refugees and immigrants, ages 16 and older. Interpreters and case managers are available.

#### Pioneer Square Medical Clinic... 206.744.1500

206 3rd Ave S

M Tu Th F, 7am-5pm; W, 8am-5pm. Established patients

call for appt. New patients walk-in when clinic opens.

#### Third Avenue Center ..... Walk-in only

2028 3rd Ave

M-F, 8:15am-4:15pm, Walk-in Only. First appt. at 8:30am.

### International Community Health Services

#### Holly Park Clinic ..... 206.788.3500

3815 S Othello St

M Tu Th F, 8:00am-6pm; W, 9:30am-7pm; Sa, 8am-5pm

#### International District Clinic ..... 206.788.3700

720 8th Ave S

M-F, 8:30am-6pm; Sa, 8:30am-5pm.

### Neighborcare Health

#### 45th Street Clinic ..... 206.633.3350

1629 N 45th St

M Tu, 8am-7pm; W, 9am-5:30pm; Th F, 8am-5:30pm; Sa,

10am-1:45pm. **Homeless Youth Clinic** W Th, 6-9pm, for youth ages 12-23.

#### Ballard Homeless Medical Clinic..206.782.5939

Nyer Urness House, 1753 NW 56th St, Ste 200

M-F, 9am-4:30pm. Serves homeless people in Ballard.

#### Columbia City Clinic ..... 206.461.6957

4400 37th Ave S

M-Th 7:45am-7:30pm; F 7:30am-5pm; Sa, 8:30am-4:45pm.

#### Greenwood Clinic ..... 206.782.8660

415 N 85th St

M, 8am-5pm; Tu Th, 8am-7:30pm; W, 9am-5pm;

F, 8am-4:30pm. Maternity & Midwifery services.

#### High Point Clinic ..... 206.461.6950

6020 35th Ave SW

M Th 8am-8pm; Tu 8am-6pm; W 9am-6pm; Th 8am-8pm;

F 8am-5pm; Sa 8:30am-12:30pm

#### Lake City Clinic ..... 206.417.0326

12721 30th Ave NE, Suite 101

M-Th, 8am-7:30pm; F, 8am-5pm.

#### McDermott Place Clinic..... 206.367.0150

12736 33rd Avenue NE

W, 10am-2:30pm.

#### Pike Market Clinic..... 206.728.4143

1930 Post Alley

M Tu Th, 8am-5pm; W, 9:30am-5pm; F, 8am-4pm.

Only serves adults.

#### Rainier Beach Clinic..... 206.722.8444

9245 Rainier Ave S

M-F, 7:45am-7:30pm; Sa, 8:30am-3:30pm.

#### St. Vincent de Paul Aurora Clinic 206.548.7600

13555 Aurora Ave N

F 9am-4pm. Call in advance for an appointment.

### Public Health Centers

#### Downtown ..... 206.477.8300

2124 4th Ave

M-F, 8am-5pm.

#### Puget Sound Christian Clinic 206.363.4105 x230

2150 N 122nd St

W, 5-9pm; F, 9:30am-1pm. Call for appointment. \$10

donation requested. No one turned away if unable to pay.

#### RotaCare Free Clinic..... 206.417.0326

North Helpline, 12736 33rd Ave NE

Sa, 10am-12:30pm. Free basic healthcare for acute needs.

Walk-in services only.

#### Seattle Indian Health Board ..... 206.324.9360

611 12th Ave S, Suite 200

M-F 8:30am-6pm; Sa walk-in only, 9am-2pm. Primarily

serves American Indians & Alaska Natives.

### Sea Mar Community Health Centers

#### Seattle Clinic ..... 206.762.3730

8720 14th Ave S

M-Sa, 8am-5pm.

#### White Center Clinic..... 206.965.1000

9650 15th Ave SW, Suite 100

M-Sa, 8am-5pm.

## SEATTLE

# Health Services



FEBRUARY 2016

Brochures updated quarterly at  
[http://crisisclinic.org/education/  
emergency-services-brochures](http://crisisclinic.org/education/emergency-services-brochures)

King County   
**2-1-1**<sup>TM</sup>  
Get Connected. Get Answers.  
Crisis Clinic · United Way

## HEALTH INSURANCE

Washington Apple Health provides medical benefits for adults and families below 138% of the Federal Poverty Level who are not eligible for Medicare. Sign up by calling the Washington Health Plan Finder at 855.923.4633 or visit [www.wahealthplanfinder.org](http://www.wahealthplanfinder.org). Programs listed in this brochure bill Washington Apple Health unless otherwise indicated.

## DENTAL

### International Community Health Services

Offers emergency care, limited root canals. Primarily serves Asian/Pacific Islanders.

**Holly Park Clinic** ..... 206.788.3502  
3815 S Othello St  
M, Tu, Th-Sa, 7:30am-6pm; W, 8:30am-7pm

**International District Clinic** ..... 206.788.3757  
720 8th Ave S  
M-Sa, 8am-6pm.

### Neighborcare Health

Focuses on serving children under 18. Limited emergency walk-in appointments are available for adults.

**45th Street Clinic** ..... 206.548.2964  
1629 N 45th St  
M-F, 8am-5pm; Sa, 8am-1pm.

**Central Area Clinic**..... 206.461.7801  
2101 E Yesler Way, 2nd Floor  
M-F, 7:15am-6pm. .

**Georgetown Clinic**..... 206.461.6943  
6200 13th Ave S  
M-F, 7:15am-6pm.

**High Point Clinic**..... 206.461.6966  
6020 35th Ave SW  
M-F, 7am-5:30pm, Sa 8:30am-12:30pm.

**Rainier Beach Clinic**..... 206.461.6981  
9245 Rainier Ave S  
M-F, 6:45am-5:30pm.

**Pima Community Dental Clinic** .206.529.667773  
9709 3rd Ave NE  
Hours vary by quarter, usually M-Th, 8am-5pm; F, 8am-3pm.  
Dental care at student teaching clinic..

### Public Health Centers

**Columbia City Dental Clinic** ..... 206.296.4625  
4400 37th Ave S  
M-Th, 8am-7pm; F, 8am-5pm. Serves children ages 1-18 and pregnant women.

**Downtown Clinic** ..... 206.477.8295  
2124 4th Ave S  
M-F, 8am-5pm. Serves only homeless people, age 13+

(Public Health Centers continued)

**North Seattle Clinic** ..... 206.205.8580  
12359 Lake City Way NE  
M-F, 8am-5pm. Serves children ages 1-18 and pregnant women.

### Puget Sound Christian Clinic

..... 206.363.4105 x229  
2150 N 122nd St  
W, 5-9pm; F, 9:30am-1pm  
\$10 suggested donation. No one turned away if unable to pay.

### Sea Mar

**South Park Clinic** ..... 206.762.3263  
8915 14th Ave S  
M-Sa, 8am-5pm.

Exams, X-rays, root canals, fillings and extractions for adults and children. Limited orthodontics for children.

**White Center Pediatric Clinic**..... 206.965.1000  
9650 15th Ave SW, Suite 100  
M-Sa, 8am-5pm.

Dental services for children from birth to age 17. Limited orthodontic treatment.

**Seattle Indian Health Board** ..... 206.324.9360  
611 12th Ave S, Suite 200  
M-F, 8:30am-6pm.

Serves American Indian and Alaska Natives.

### Seattle's Union Gospel Mission

**Downtown Clinic**..... 206.621.7695  
318 2nd Ave Extension S.,  
Call M-F, 1pm for appointment. Serves adults only.

**Northgate Clinic**..... 206.361.3135  
11545 15th Ave NE, Suite 201  
Call M-F, 1pm for appointment. Serves adults & minors.

**Seattle Vocational Institute** ..... 206.934.4973  
2120 S Jackson St,  
WTh, 9-11am, 1-3pm, or by appointment. Services performed by a licensed dentist, assisted by students.

### UW—School of Dentistry

**Dental Fears Research Clinic** ..... 206.6852453  
Health Sciences Center, 1959 NE Pacific St, Room D467  
T, 9am-5pm, WTh 8am-5pm. Does not accept Washington Apple Health.

**Dental Student Clinic**..... 206.616.6996  
1959 NE Pacific St, Room B-307  
M-F, 8am-5pm. Dental services provided by students supervised by licensed dentists.

**Urgent Care Clinic**..... 206.543.5850  
1959 NE Pacific St, Room B-307  
M-F, 8am-5pm. After hours service available at UW Medical Center Emergency Department.

## EYE CARE

### Harborview Medical Center - Eye Clinic

..... 206.744.3225

325 9th Ave, 4th Floor, West Clinic Wing  
M-F, 8am-4:30pm

### Millionair Club Charity

..... 206.728.5627

2515 Western Ave  
Walk in first business day of month at 7:30am to make appointment or call at 9am to inquire about leftover appointments. Closed July & August. Free eye exams and glasses for those with no insurance coverage.

### OneSight

..... 888.935.4589

M-F 8am-5pm Eastern Time  
Administers a program for free glasses. Must have a letter verifying financial and eyewear need from a local non-profit and current prescription. Call to find closest participating store.

### Pacific Medical Center - First Hill

... 206.505.1300

1101 Madison St, Ste. 301  
M-F, 7:30am-5pm. Call for appointment.

### Pacific Medical Center - Northgate

 206.517.6700

10416 5th Ave NE  
M-Th 7am-6pm; F 7am-5pm. Call for appointment.

### UW Medical Center - Eye Center

 .... 206.744.2020

1959 NE Pacific St  
M-F, 8am-5pm. Call for an appointment. Provides general eye care services including eye exams. Performs eye surgery and laser treatments.

### YWCA of Seattle/King County -

### Health Access Department

 ..... 206.436.8644

2024 3rd Ave  
Voicemail only. Provides vouchers for free eye exams and glasses to homeless women.

## NEEDLE EXCHANGE

### Capitol Hill Needle Exchange

 ..... 206.263.2000

1161 11th Ave, Robert Clewis Center 2  
M-Sa, 6:30-8:30pm. Provides new sterile syringes in exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

### People's Harm Reduction Alliance

..... 206.330.5777

NE 43rd St and University Way NE, Table Alley Location  
Su, 1-5pm; M Tu Th, 5-7pm; F, 1-5pm. Provides new sterile syringes in exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.